Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Scheveneels Judith

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 21: 100M MEDLEY WOMEN 13+ Heat:5, starttime: 14:35

Heat: 5/18 Lane : 4 Athlete: THEUNISSEN JOLIEN **Q-time: 01:27:53**

PB (25m pool): 01:27.53 Kapellen 02/11/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		01:27.53	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ Heat:9, starttime: 14:45

Heat: 9/18 Lane : 8 Athlete: LESSELIERS EMILY **Q-time: 01:22:47**

PB (25m pool): 01:22.47 Kapellen 02/11/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		01:22.47	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ Heat:12, starttime: 14:50

Heat: 12/18 Lane : 4 Athlete: DE VOCHT ANNE-JULIE **Q-time: 01:19:86**

PB (25m pool): 01:19.86 Kapellen 02/11/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		01:19.86	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: ZS

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:17, starttime: 15:00

Heat: 17/18 Lane : 2 Athlete: VAN DEN BERGH ANNA — **Q-time: 01:16:02**

PB (25m pool): 01:15.97 Heist Op Den Berg 13/01/2024 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:15.97	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:8, starttime: 15:15

Heat: 8/13 Lane : 4 Athlete: VASQUEZ ANNA — **Q-time: 00:40:96**

PB (25m pool): 00:40.96 Mol 04/10/2026 **PB (50m pool):** 00:43.22 **SB:** 00:40.96 Mol 04/10/2026

	25 M	50 M	
PB		00:40.96	
		00:40.96	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:11, starttime: 15:15

Heat: 11/13 Lane : 8 Athlete: FLEERACKERS LAURA — **Q-time: 00:39:82**

PB (25m pool): 00:39.82 Mol 04/10/2026 **PB (50m pool):** 00:47.48 **SB:** 00:39.82 Mol 04/10/2026

	25 M	50 M	
PB		00:39.82	
		00:39.82	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:12, starttime: 17:20

Heat: 12/15 Lane : 7 Athlete: FLEERACKERS LAURA — **Q-time: 01:37:72**

PB (25m pool): 01:37.72 Mol 04/10/2026 **PB (50m pool):** 01:46.20 **SB:** 01:37.72 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:45.55		01:37.72	
		00:45.55		*00:52.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: ZS

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 **Heat:14, starttime: 17:25**

Heat: 14/15 Lane : 1 Athlete: VASQUEZ ANNA **Q-time: 01:33:87**

PB (25m pool): 01:33.87 MoI 04/10/2026 **PB (50m pool):** 01:38.58 **SB:** 01:33.87 MoI 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.49		01:33.87	
		00:44.49		*00:49.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: